



The School of Nursing & Midwifery

Within

The Faculty of Medicine, Dentistry and Health

Unit 1: Foundations in Health and Nursing

(SNM 617)

30 credits level 7 (Masters)

Unit Handbook

30th January, 2017

Unit Leads: Catherine Waskett/Mark Limb

Foundations in Health and Nursing (SNM617)

Introduction

450 hours theory and 450 hours practice

This first unit of the programme is designed as generic to all nurses in that it lays the foundations for many skills required in contemporary, professional nursing practice across all fields of nursing including Mental Health, Learning Disability, Mother and Child and Child as well as Adult. Each of the topics is addressed from a generalist and field specific view thus giving a broad and applied introduction to the study of nursing. This unit will include opportunities for you to study and begin to critically appraise the evidence base for nursing practice and to engage and reflect on its application during a linked, supervised clinical practice learning experience in the context of primary care. Opportunities to follow the patient's journey will be provided to you so that you can begin to understand the complex interface between primary and secondary care services. You will also be encouraged and enabled to begin developing the skills of integrating the eclectic nature of nursing theory to practice so that you may care for the individual in and during the health encounter.

Unit 1 Learning outcomes: By the end of the unit, you will have:

Professional and Ethical Practice

A critical awareness and application of the ethical, legal and anti-discriminatory principles relevant to nursing practice.

Care Delivery

A synthesis and appropriate application of knowledge, skills and attitudes associated with the organisation, delivery and management of nursing care as outlined by the NMC 2010

Care Management

A critical and evaluative analysis of the role of the nurse within the multi-disciplinary, multi-agency arena demonstrating a critical understanding of the principles of collaborative working.

Personal and Professional Development

Demonstrate a commitment to the need for continuing professional development and personal supervision activities for themselves and others, in order to enhance knowledge, skills and attitudes.

Assessment

Theoretical Assessment:

a) The Patchwork Text - 'Becoming a Professional Nurse'

- **Submission date: 22.05.17 before 3pm**

The Patchwork text (Winter 2003) is a series of written assignments, which will be developed from work that you have completed from your problem-based group feedback sessions and practice experiences.

The patchwork text is a series of **four** written pieces, '**patches**', they are joined and linked together by reflection '**stitches**', which provide a critical reflection on what you have learned and how the written patches have contributed to your development.

The patches should relate to the content and learning outcomes for the module and to specific issues identified in your trigger sessions and their application to practice.

This work must meet the requirements for academic work as identified within the marking criteria i.e. it must have a clear structure, be referenced and be at the correct academic level as

demonstrated by wide reading, knowledge and understanding, critical engagement with the relevant literature and integration into practice.

Therefore it is important to include a critical analysis and evaluation of relevant literature to support the discussion on your chosen issues within the patches which must also be used to support the critical reflection and application to practice.

You are required to develop your work within the context of inter-professional working practice and demonstrate your understanding of the distinctive role nursing holds in providing care within this context.

Total word allowance for the work is 6000 words, and we suggest that at least 1500 words are reserved for the reflection.

It is important to keep within the word count with a plus or minus 10% margin. Any work exceeding these limits can be awarded 0

A suggestion to help you to work this out

- 1000 words per patch (issues) x 4
- 1,500 words for the reflective elements (stitching)
- 250 words each for the introduction and conclusion

Reference lists and any appendices are not included in the word count

Structure

Title - Becoming a Professional Nurse

- Introduction
- Main body - Patches x 4
- Reflective commentary (can be integrated into your patches)
- Conclusion
- Reference list

The introduction: Begin with a brief reflection on why you chose nursing and your experience of your journey so far. Sum up the main triggers and identify which issues you have chosen to analyse and provide a rationale for why you have chosen them.

Remember you cannot discuss all of the issues within the word count. You decide which is the most relevant to your learning at this time remembering that you must also be able to apply the findings from your discussion to your individual experiences in practice.

The main body: This will be the development of the patches. You are required to demonstrate a critical analytical discussion of your chosen issues, identified in the introduction, which also demonstrates application to practice

The 4 main triggers

1. Professional and ethical values and behaviour
2. Health and wellbeing
3. Accessing, retrieving, evaluating and applying information
4. Recognising and responding to care needs

The reflective commentary: This needs to demonstrate what you have learnt both from the analysis of the chosen issues and practice experiences. You could start with a brief description of events which led to your awareness of being involved in a situation during which you felt you did not have enough information to deal with it. This often involves identifying with some uncomfortable feelings and an awareness of needing to find out more.

What is important is that you develop the skills of a reflective practitioner. You need to be able to identify learning situations and describe your thoughts and feelings, analyse your knowledge and show evidence of what you have learnt from the experience. It is also important to consider how this

learning can help you develop for the future, for example how has this reflection helped you to develop your knowledge and skills should you should find yourself in similar situation in future practice.

Conclusion: Sum up all the main points from your analysis of the issues and reflect on what you have learnt overall for your future development as a nurse.

- **Keep notes on the trigger discussions and the issues identified. This will help you to keep track of events.**
- **Use the information from the triggers which the group will be developing on MOLE and keep a list of relevant references.**
- **From now on you need to begin to think about developing your patches based on the issues which are presented at the feedback sessions from the triggers.**
- **You will also need to include practice experiences when you begin in practice so keep a note book in which to write down your experiences.**
- **Please ensure you read this guidance in conjunction with the general handbook regarding issues related to the completion of summative work.**
 1. **Word count**
 2. **Assignment format**
 3. **Confidentiality**
 4. **Unfair means**
 5. **Extenuating circumstances**
- **Submission of this assignment is via Turnitin on MOLE**
- **Finally it is very important that you make appointments to discuss your work with your personal teachers and do not leave it until the last minute if you want help and advice. Please see the feedback principles in appendix 9 of the Programme handbook**

Numeracy

In unit one you will also be required to sit a formal invigilated numeracy examination as required by the NMC. This will be a one hour invigilated examination and is designed to assess numeracy. A pass mark of 80% is required.

Numeracy Examination date: 13.03.17 at 13.30hrs

The result of this examination will not contribute to the classification of your award.

Practice Assessment

Assessment in practice will involve the completion of a number of formative and summative documents as follows:

	SUMMATIVE	FORMATIVE
UNIT1	Assessment of Practice Record (showing achievement of competencies)	Skills passport EU directives Portfolio Intermediate

- **Practice Placement documentation and PPA evaluation submission date: 19.06.17 by 1000hrs**
- **Focused Clinical Practice Booklet submission date: 03.07.17**

Whilst formative documents do not contribute to the overall academic outcome they are required as part of NMC registration and contribute to the summative process.

Unit 1 placement

Unit 1 is undertaken in a Primary Care Context where you will be introduced to key concepts of Primary Care and Public Health. You will be placed within an established team of practitioners; you will work alongside a district nurse/community matron under direct supervision, and through the planned opportunities provided, begin to gain an understanding of how the NHS and health and social care interrelate and function. During this practice learning experience you will be required to support two patients/family/significant others on their journey across the health community and critically examine key aspects of the patients engagement within the multi-agency and multi-professional services.

If you successfully achieve the practice outcomes for Part 1 of the programme, you will be given the opportunity to negotiate a period of focused clinical practice during the last two weeks of Unit 1 (weeks 21 & 22). This will allow you to enhance your knowledge and understanding of a particular area of your practice learning experience. (Students who fail to meet the required standards will utilise this period of time as part of a second attempt.)

Whilst not summatively assessed, this negotiated experience is seen as integral to enhancing your personal and professional development. You will be expected to organise the practice experience focussing on a specific aspect of practice/care/specialism/role in negotiation with your clinical mentor.

If you successfully complete all the assessment elements of Part 1, you will be permitted to move to Part 2

RECOMMENDED READING

- Avery, G. (2013) *Law and Ethics in Nursing and Healthcare*. Sage: London
- Aveyard, H. (2013) *A Beginners' Guide to Evidence Based Practice in Health and Social Care*. Open University Press, McGraw Hill Education: Maidenhead
- Baggott, R. (2007) *Understanding Health Policy*. The Policy Press: Bristol
- Craig, J.V. and Smyth, R.L. (2012) *The Evidence-based Practice Manual for Nurses*. Churchill Livingstone Elsevier: Edinburgh
- Davison, N. (2015) *Numeracy and Clinical Calculations for Nurses*. Lantern Publishing: Banbury
- Dougherty, L. and Lister, S.E. (eds) (2015) *The Royal Marsden Manual of Clinical Nursing Procedures*. Wiley Blackwell: West Sussex
- Griffith, R. and Tegenah, C. (2014) *Law and Professional Issues in Nursing*. (3rd ed) Learning Matters: Exeter
- Hargie, O. (2011) *Skilled Interpersonal Communication: Research, theory & practice* 5th Ed. Routledge: London
- Maltby, J., Williams, G., McGarry, J. and Day, L. (2010) *Research Methods for Nursing and Healthcare*. Pearson Education: Harlow, Essex

- Maltby, J., Williams, G., McGarry, J. and Day, L. (2010) *Research Methods for Nursing and Healthcare*. Pearson Education: Harlow, Essex
- Ogden, J. (2011) *Health Psychology: A Textbook*. Open University Press: Maidenhead
- Reed, S. (2015) *Successful Professional Portfolios for Nursing Students*. Sage: London
- Roper, N. (2000) *The Roper-Logan-Tierney Model of Nursing: Based on activities of living*. Churchill Livingstone: Edinburgh
- Tortora, G.J. and Derrickson, B. (2009/2012) *Principles of Anatomy and Physiology* 12th or 13th edition. Vols.1 &.2. John Wiley: Hoboken NJ
- Wheeler, H. (2012) *Law, Ethics and Professional Issues for Nursing*. Routledge: London.

Library Facilities

The Library is here to support you in your studies. There is a wealth of material available; over 1,400,000 printed volumes and an extensive range of electronic resources including subject databases, eBooks and e-Journals. All electronic resources are accessible both on and off-campus via your MUSE login.

Sites & services

There are four Library sites for you to choose from:

The Information Commons (IC) – is open 24/7, every day of the year, and holds 100,000 core texts found on module reading lists. There are 1300 study spaces and over 500 PCs. It has bookable group study rooms, and a cafe.

The Health Sciences Library – is based on Floor C of the Medical School, with a second site at the Northern General Hospital. These sites specialise in medicine, dentistry, nursing and health related subjects.

Western Bank Library – contains material in the fields of arts, humanities, science, architecture, social sciences, management, and East Asian studies. It has a large reading room and houses the Library's Special Collections and also the National Fairground Archive.

St. George's Library – based on Mappin Street, contains material relating to engineering, computer science, economics, and information studies.

A valid UCard is needed to gain entry to all Library sites and to borrow books. You will also need your UCard to use photocopying, printing and scanning facilities. Computing facilities and wi-fi are available at all sites.

The electronic library

Logging into MUSE gives you personalised access to all the University Library's online resources. From myServices connect to StarPlus, the Library catalogue. Use the catalogue to:

- find all electronic & print books, journals and databases.
- place book requests and manage your library account.
- access myResource lists.
- access subject guides and the Information Skills Resource where you can improve your academic skills.

Sources of help & guidance

You'll find all the information you need to get started in the library at

<http://www.sheffield.ac.uk/library/services/new>

For subject-specific guidance contact the library liaison team for the Faculty of Medicine, Dentistry and Health: <http://www.sheffield.ac.uk/library/liaison/med>

V1 Jan 17 CW

Vic Grant is the Faculty Librarian for Medicine, Dentistry & Health, email v.grant@sheffield.ac.uk or telephone 0114 222 7336

Anthea Tucker is the Liaison Librarian for Medicine, Dentistry & Health, email a.l.tucker@sheffield.ac.uk or telephone 0114 222 7318

Cat Bazela is the Liaison Assistant for Medicine, Dentistry & Health, email c.bazela@sheffield.ac.uk

The Library web pages at www.sheffield.ac.uk/library also offer extensive information about making the best use of resources and services.

Keeping up-to-date

To find out about all the best resources for your subject keep up with the latest news visit the *Librarians blog for Medicine, Dentistry and Health*.

(scan the QR code on the right or see : <http://unisheffieldlib-mdh.blogspot.co.uk/>)

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Selected units offer NTN's unique ball point set screw, which provides a reliable lock even when exposed to vibration or shock loads. Stainless Steel Series bearing unit Reliable corrosion resistance and lubrication retention. meet the demands of many industries. Ductile Series bearing unit Tough bearing housings that are. light and compact. Plastic Series bearing unit Corrosion, water, and chemical resistance. Steel Series bearing unit Tough bearing housings with superior. mechanical strength. NTN. Bearing Unit Handbook.