

# Center for Leadership & International Relations

## Material Abstract Form

**TITLE:** *Winning Every Day*

**CITATION:** Holtz, Lou. *Winning Every Day*. New York, NY: Haper Business, 1998. Print.

### CATEGORY

Servant Leadership    **Nonfiction/Biographies**    Classic Literature    Multicultural Literature

### RECOMMENDATION FOR PROGRAM

9 <sup>th</sup> Grade:	English	World History	<b>Perspectives</b>
10 <sup>th</sup> Grade:	English	World History	Communications

### LEADERSHIP STYLES & THEMES

- Styles: Servant Leadership, Charismatic Leadership
- Themes: Ethics & Moral Responsibility, Social Change, Teamwork & Collaboration

### SUMMARY

In *Winning Every Day* Lou Holtz tells many stories about his life experiences. He has been a high school football player, an assistant coach, a rejected boy-friend, and the head coach of the Notre Dame Fighting Irish. Through all these moments, he shares wisdom and advice for whenever you are in trouble. Having a positive outlook on life can make all the difference according to Holtz.

### LEADERSHIP & INTERNATIONAL RELATIONS APPLICATIONS

Lou Holtz has dealt with many young people through his years of a college football coach. Through stories from his football knowledge to his marriage, he displays many examples of leadership. The book focuses more on ways to improve oneself than teamwork, which the author says is important to being able to work in a team. Through discipline and hard work, one can become a better team player.

### STUDENT INTEREST RATING

1    2    3    4    5    6    7    8    **9**    10

### CONTEXT QUOTABLES

“A few days before the Bowl, I took my family to dinner in Orlando. We were talking about the upcoming game and my family could see how optimistic I was about our chances. I felt like I was on top of the world. While taking our order, the waiter scrutinized me a bit before asking, ‘Aren’t you Lou Holtz, the Notre Dame coach?’ When I told him I was, he said, ‘let me ask you a question. What’s the difference between Notre Dame and Cheerios?’ I didn’t know. He answered,

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‘Cheerios belong in a bowl, Notre Dame doesn’t.’ It was meant to be a joke, but I couldn’t find any humor in it. You want to talk about a radical change in attitude! I am here to tell you I was upset. However, I remained outwardly calm.”

*Lou Holtz demonstrates how staying calm and personal attitude can make a difference in how life goes for you.*

“I was letting them know I didn’t derive my self-esteem from some material object.”

*Holtz states that one should not base their confidence on a material object, like a car. In the same story, he explains how you should have confidence in yourself, which makes you a better team player.*

**COMPLEMENTARY SELECTIONS**

None.

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