

The Growing Human Nature Bibliography...

A Gia-Pet watered by students of this study (Many of these references can be found in the books section of Amazon.com, others through databases and the University Library; comments are from the contributor). The bibliography is divided up by books and articles, broad-based websites, paintings, poems, movies, radio and television, and museums.

Last update: August 6, 2010

Books and Articles:

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"Cloaked in animal stories and, often, silly situations, this was my first exposure to a literary approach to human nature, as it is for many. These tales have stood the test of time because they are digestible vignettes that ease one into learning."

Alcock, J. (2001) *The Triumph of Sociobiology*. New York: Oxford University Press.

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Annas, George J. (2006) "Intelligent judging -evolution in the classroom and the courtroom." *The New Engl. J. of Medicine* 354: 2277.

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Arehart-Treichel, J (March 15, 2002). "Can Lyme disease cause psychiatric disorders?" *Psychiatric News*, 37/6, 32.

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Arnheim, Rudolf. (1974) *Art and Visual Perception: A Psychology of the Creative Eye*. Los Angeles:University of California Press.

Arnold, Roger. (2005) Microeconomics 7th Edition. Mason, Ohio: Thomson South Western.

Asthma Research Website. National Institutes of Health.
<http://www2.niaid.nih.gov/Newsroom>

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Bad Brain Chemistry Triggers Violence. USA Today. (2002) Vol. 131. p9

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Baily, Ronald; Gillespie, Nick; Biology vs. the Blank Slate, Reason, Oct 2002, Vol. 34 Issue 5, p48. An interview with Steven Pinker on myths about the human mind.

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Bandelow, B., Torrente, A., Wedekind, D., Broocks, A., Hajak, G., & Rijther, E. (2004). Early traumatic life events, parental rearing styles, family history of mental disorders, and birth risk factors in patients with social anxiety disorder. European Archives of Psychiatry & Clinical Neuroscience, 254(6), 397-405.

Baranzini, Sergio E. E. (2010). "Genome, epigenome and RNA sequences of monozygotic twins discordant for multiple sclerosis". *Nature (London)* (0028-0836), 464 (7293), p. 1351.

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The book provides an overview of diagnosis of autism spectrum and Asperger syndrome as well as possible biological and physiological causes, various treatments and available educational techniques.

Barlow, G.W. "Nature-nurture and the debates surrounding ethology and sociobiology." (1991) *Am Zoologist* 31: 286-296.

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URL: <http://www.newyorker.com/printable/?fact/040405fa-fact>

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Boyd, R. and Richerson, P. (2005) The Origin and Evolution of Cultures (Evolution and Cognition).

Bucke, R. M. Cosmic consciousness: a study in the evolution of the human mind (1905, 2006) New York, NY: Cosimo, Inc. Publishers

Dr. Richard Bucke was an eminent psychologist and coined the phrase Cosmic Consciousness, which suggests that humanity is in the process of evolution from self-centeredness to that of a cosmic consciousness. It provides a broad survey of many theories of human nature and the author compares and contrasts huge volumes of work from the major world religions, metaphysical theories, and psychology.

Oxford University Press. (A compilation of twenty articles addressing the beginnings of evolution and culture built on two ideas: to understand human culture, one must first understand the nature of culture; and, 'culture is part of biology: the capacity to acquire and transmit culture is a derived component of human psychology and the contents of culture are deeply intertwined with our biology.")

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Joseph Campbell uses myths to demonstrate the timeless, universal pull of human nature. His writings on the internal yearning one feels for fulfillment are quite eloquent and speak to many. George Lucas of Star Wars fame is a huge fan of Joseph Campbell, and Star Wars is a good example of Campbell's mythical archetypes.

Cameron, J. (1998) *The Right to Write*. New York: Jeremy P. Tarcher/ Putnam.

This is a wonderfully written book about writing, which, according to the author, is a behavior that is part of our human nature that many of us ignore.

Carey, G. (1990, July). Genes, Fears, Phobias, and Phobic Disorders. *Journal of Counseling & Development*, 68(6), 628.

Carroll, Joseph (2004). *Literary Darwinism: Evolution, Human Nature, and Literature*. Taylor & Francis Books, Inc.

Carruthers, P., Laurence, S., Stich, S., (ed.) *The innate mind: structure and contents* (2006) New York, NY: Oxford University Press

Carter, C.J. (June 13, 2008). "Schizophrenia susceptibility genes directly implicated in the life cycles of pathogens: cytomegalovirus, influenza, herpes simplex, rubella, and *Toxoplasma gondii*." *Schizophrenia Bulletin* www.schizophreniabulletin.oxfordjournals.org/cgi/content/abstract November 11, 2008

Cashman, K., (2003). *Awakening the Leader Within; A Story of Transformation*. New Jersey, John Wiley & Sons. ISBN 0-471-27319-8 Don't let the title fool you. This book is all about human nature, and how it molds us to be who we are, in both good ways and bad.

Caspi, A., Sugden, K., Moffitt, Taylor, T., Craig, I.W., McClay, J., Mill, J., Martin, J., Braithwaite, A., Poulton, R. (2003). Influence of life stress on depression: moderation by a polymorphism in the 5-HTT gene [Electronic version]. *Science Magazine*, 301 (563 1).

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A historical fiction about the biblical life of Dinah, Jacob's daughter, and her experiences with her mother and Jacob's other three wives. The book illustrates the quality of strength of

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Epigenetics? This website is brought to you by The Epigenome Network of Excellence, a European research network dedicated to supporting high

caliber science in the rapidly expanding field of epigenetics.
<http://www.epigenome.eu/>

What is Epigenetics? <http://www.epigenome.eu/en/1,1,0>

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The author explores the human condition by examining the biological, psychological, and the highly social nature of the species.

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Goldsmith, Timothy H. (2001). *Biology, evolution and human nature*. New York: John Wiley & Sons.

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This is a great books for kids as well as adults, using photographs to show the connections between nature and humans with regard to origins of man's inventions

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Grabhorn, Lynn (2000) *Excuse Me, Your Life is Waiting: The Astonishing Power of Feelings*. Hampton Roads Pub Co

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This a guided tour of the anatomy and physiology of the brain and includes a description of molecular biology and the entire nervous system's developmental stages from fertilization to full development of the lifespan. It is easy to read and understand and provides a strong foundation for anyone who wants to learn more about genetic and environmental influences.

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Hesse, H. (1929, reprint 2002). Steppenwolf. Picador Publishing.

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Holtzman, N.A. (2002) Genetics and social class. J. Epidemiology and Community Health, 56: 529-535.

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The story is historical fiction set in Afghanistan in the early 1970's and depicts both the loving and cruel sides of human nature.

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Hubbard, R. and Wald, E. (1992) *Exploring the Gene Myth*. Beacon Press.

Human Nature: An Interdisciplinary Biosocial Perspective

An online subscription journal that, as its title suggests, contains academic writings relevant to an understanding of human nature. Examples: "Humor and Sexual Selection", "The Small World of Shakespeare's Plays". URL: www.archaeoworld.com/vjournals/humanNature/

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Good article exploring the interaction of gene-environment on an eating disorder. Gives evidence of a good study as well.

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Kendler, K.S., Karkowski, L.M., Prescott, C.A. (1999). Casual relationship between stressful life events and the onset of major depression [Electronic version]. *American Journal of Psychiatry*, 156, 837-841.

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Degas, Edgar. The Glass of Absinthe. Gauguin, Paul. Where do we come from?
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we going?

Munch, E. (1893). The Scream [painting].

This may be a personal observation, but as much as any painting, this
seems to reflect human nature to
me. The scene on the bridge in the painting is sedate and calm, with the
sole exception being the main
figure, clearly in trauma. The juxtaposition of these two components
speaks of our internal chaos in the
midst of seeming calm.

Renoir, Pierre-Auguste. "Le Moulin de la Galette. " (1876)

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PLAYS:

Albee, Edward. "The Zoo Story" (1958)

Hansberry, Lorraine. "A Raisin in the Sun" (1959)

Shakespeare, William. "Richard III."

Kaufman, C. (screenwriter). (2002). Human Nature: the shooting script
[Screenplay and interview]. New York: Newmarket Press.

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Dickinson, Emily. Numbers 618 (p. 305), 637 (p.315) The Complete Poems of
Emily Dickinson. Thomas H. Johnson, Ed.

Nolte, Dorothy Law. (1998) "Children Learn What They Live."
<http://www.trinity.wa.edu/au/plduffyrc/library/children.htm>

Whitman, Walt. Song of Myself.

MOVIES:

Adaptation. (2002) Director: Spike Jonze.

American History X

An Unfinished Life [Film] Hallestrom, L. (Director). (2005). United States: Miramax.

This film is really a character study in human nature. It explores the themes and consequences of love, loss, guilt and forgiveness. I'm certain that I viewed this film differently due to my work in this class.

Apocalypse Now (1979) Francis Ford Coppola, Director.

Babe. (1995) Universal City, CA: Universal Pictures.

This incredibly brilliant animal story is a metaphor for many aspects of nature and nurture. It starts with each animal on a farm maintaining its expected and genetic role until a precocious piglet has a life-

changing effect on all of them. If you haven't seen it, you must!

Being John Malcovich: This movie explored being able to go inside John Malcovich's brain for 15 minutes so in exploring being someone else, you can appreciate yourself.

Beautiful Mind, A. Directed by Ron Howard. Los Angeles, CA: Universal Studios, 2001.

A biographical drama of prominent mathematician John Nash, and how he overcame years of suffering through schizophrenia to win the Nobel Prize.

Blade Runner (1982) Philip K. Dick (novel Do Androids Dream of Electric Sheep?). Hampton Faucher and David Webb Peoples

The Boys from Brazil (1978) <http://www.imdb.com/title/tt0077269/plotsummary>

Boys Town. Directed by Norman Taurog. Hollywood, CA: Metro-Goldwyn-Mayer, 1937. Father Flanagan: There is no such thing as a bad boy.

Joseph Campbell Sukhavati: A Mythic Journey (2005) Joseph Campbell Foundation A beautifully crafted movie that takes one on a mystical journey of mankind's humanity as seen through the eyes of Professor Joseph Campbell. A must see.

Cinderella -Can the poor girl be an aristocrat?

Citizen Kane

Crimes and Misdemeanors (1989) Woody Allen, Director. Dead Poets Society

Enemy Mine (1985) (Was also a book by Barry B. Longyear

Directed by Wolfgang Petersen; writing credits: Barry Longyear and Edward Khmara

Eternal Sunshine of the Spotless Mind: This film explored memory and defines it as what decides the meaning of our lives.

Gods Must Be Crazy, The.

Gone with the Wind

Greystoke: The Legend of Tarzan, Lord of the Apes (1983) ... think about it, it's the ultimate nature-nurture

Hannah & Her Sisters

High Fidelity (2000)

House of Sand and Fog

Human Nature (2001) Director: Michel Gondry.

Legends of the Fall. Directed by Edward Zwick and David Wagreich. United States: TriStar Pictures, 1994.

One Stab narrating: Some people hear their own inner voices with great clearness and they live by what they hear. Such people become crazy, or they become legends.

Coronal Ludlow: Indians! Indians were the issue in those days. I can assure you, gentlemen, there is

nothing quite so grotesque as the meeting of a child with the a bullet;
or an entire village slaughtered while sleeping. That was the
Government's resolution of that particular issue and I have seen nothing
in its behavior since then that would persuade me that it has gained
either in wisdom, common sense, or humanity.

Lost in Translation.

The Matrix (1999), Warner Home Video
The characters (chance, consequence, hope, evolutions) are what makes up
human nature.

Moonstruck

Music of the Heart

My Dinner with Andre (198 1) Louis Malle, Director.

'Night Mother. Mailer, N. [play] (1983), Moore, T. [film, director]
(1986). I found this to be an interesting study of human nature and its
limits.

One Flew Over the Cuckoo's Nest

Ordinary People

O. Selznick, D. (Producer), Hecht, B. (Screenplay Writter) & Hitchcock,
A. (Director). (2003).
Alfred Hitchcock's Spellbound [videorecording]. Irvington, NY: Criterion
Collection.

River Runs Through It. Directed by Robert Redford. United States:
Columbia Pictures, 1992.

Jesse Burns: Why is it the people who need the most help... won't take
it?

Norman Maclean narrating: My father was very sure about certain matters
pertaining to the universe. To him, all good things -trout as well as
eternal salvation -came by grace; and grace comes by art; and
art does not come easy.

Saving Private Ryan. Directed by Steven Spielberg. Universal City, CA :
DreamWorks Pictures and Paramount Pictures present an Amblin
Entertainment production DreamWorks Home Entertainment, 1999.

Captain Miller to his discouraged troops, and then to one in particular
threatening desertion: I'm a schoolteacher. I teach English omposition...
in this little town called Adley, Pennsylvania. The last

eleven years, I've been at Thomas Alva Edison High School. I was a coach of the baseball team in the springtime. Back home, I tell people what I do for a living and they think well, now that figures. But over here, it's a big, a big mystery. So, I guess I've changed some. Sometimes I wonder if I've changed so much my wife is even going to recognize me, whenever it is that I get back to her. And how I'll ever be able to tell her about days like today. Ah, Ryan. I don't know anything about Ryan. I don't care. The man means nothing to me. It's just a name.

But if... You know if going to Rumelle and finding him so that he can go home. If that earns me the right to get back to my wife, then that's my mission.

...

You want to leave? You want to go off and fight the war? All right. All right. I won't stop you. I'll even put in the paperwork. I just know that every man I kill the farther away from home I feel.

Seize the Day.

Shawshank Redemption. Directed by Frank Darabont. Burbank, CA: Warner Bros. Pictures; Castle Rock Entertainment.

Andy Dufresne in a letter to Red: Remember Red, hope is a good thing, maybe the best of things, and no good thing ever dies.

Red narrating about his feelings toward Andy: I have to remind myself that some birds aren't meant to be caged. Their feathers are just too bright. And when they fly away, the part of you that knows it was

a sin to lock them up does rejoice. Still, the place you live in is that much more drab and empty that they're gone. I guess I just miss my friend.

Sleuth

Slumdog Millionaire. Directed by Danny Boyle. United Kingdom: Celador Films, Film4, 2008.

An underdog story depicting tragedy and victory as seen through the eyes of a Mumbai street child. The story describes his bitter yet sometimes loving relationship with his brother and a romance which began in early childhood.

The Stepford Wives

Streetcar Named Desire: This movie explores human nature and conflict between a married couple and the wife's sister.

Trading Places: In this movie, two wealthy bond traders make a bet that they can take a homeless con artist (Eddie Murphy) and make him successful and take a wealthy, successful bond trader (Dan Ackroyd) destitute simply by changing their environments.

You Can Count On Me (2000) Kenneth Lonergan, Director

Waking Life, The (2001) Richard Linkletter, Director.

Willie Wonka and the Chocolate Factory (1971 version)

Whithering Heights (1939 version)

RADIO and TELEVISION:

Buffy the Vampire Slayer 6 Ep. 9 "Smashed" (Scene in the magic shop where Xander and Anya are talking to Buffy about Willow's behavior and explaining their take on human nature.

"Catalyst: Nature Nurture." ABC Television, Aired May 19, 2005. Online transcript:

<http://www.abc.net.au/catalyst/stories/sI372609.htm>

Carr, M. (producer) & Banow, J. (director). (1991) The human animal [videorecording]. Princeton, NJ: Films for the Humanities, Inc.

Funt, A. & Zimbardo, P.G., (editors) (1992). Candid Camera classics for teaching general psychology [videorecording] Mc-Graw-Hill.

My Name is Earl (NBC)

Nova, (2007) Science Now. Retrieved August 2nd from <http://www.pbs.org/wgbh/nova/sciencenow/3411/02.html> I liked this video that was also aired on PBS television in 2007. The video talks about epigenetics, twins, and cancer. New possibilities in the treatment of cancers and other diseases.

Seinfeld (syndicated)

Steinem, Gloria (August 2005) "A balance between nature and nurture."
NPR, All Things Considered. Online audio file:
<http://www.npr.org/templates/story/story.php?storyId=4805246>

Young, Emma (May 2000) "Nature versus nurture: The human code crackers."
BBC Online:
news.bbc.co.uk/1/hi/in-depth/sci-tech/2000/human-genome/60724

MUSEUMS:

Body Wars, Chicago Museum of Science and Industry
This is a fabulous display of biological commonality across species.

Field Museum of Natural History; Chicago, IL... online genetics, exhibits
such as "DNA to Dinosaurs,"

Commemoration of the 145th Anniversary of Charles Darwin's publication of
"The Origin of Species,"..
and others.

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